

Eastside Baptist Church



Eastside Messenger



Equipping the Saints for Ministry by First Seeking the Kingdom of God
(Ephesians 4:12/Matthew 6:33)

Volume XII Issue XI **Every day is a priceless gift of God** NOVEMBER 2017

Rev. Dr. Arthur C. Banks
First Lady Jacquie Banks

30th Pastoral Anniversary

Theme:

"A Pastor Striving to Follow Jesus' Footsteps"

1 Peter 2:21-23



"This is the day that the Lord has made;
we will rejoice and be glad in it"
(Psalm 118:24)

From the Editor
Eric Grimes

This year marks 12 continuous years of publication for the Messenger! If you would like to contribute information, pictures or articles, please submit them to: erg58@aol.com. The Media Ministry is going digital; you can now download Audio and Video worship services to your portable devices. See me for the link.

Articles and views expressed in this publication are presented for the information and benefit of the members of Eastside Baptist Church, and may not necessarily reflect the position of the Church.

Church Motto:
Where God is praised and Disciples Are Made

HE>i



**"Every service member writes a check to the
United States of America, payable with their life"**



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Praise
Him!



HEALTHY LIVING

Jehovah-Rophe
"Jehovah heals"

*"I WILL PRAISE THEE; FOR I AM FEARFULLY AND WONDERFULLY MADE: MARVELLOUS
ARE THY WORKS; AND THAT MY SOUL KNOWETH RIGHT WELL."*

(Psalm 139:14)



Kim Kardashian has turned the ketogenic diet into a celebrity weight loss sensation, proudly sharing her own 75-pound weight loss success and sharing details of her food plan. Now, a new report claims that as Kim and her husband Kanye West are preparing to welcome their third child, who will arrive via surrogate, Kardashian is concerned about Kanye's

health. As a result, Kim reportedly is urging West to go on a Paleo diet rather than follow her lead and choose a ketogenic food plan.

The *Daily Mail* noted that Kardashian was candid about feeling "insecure" after photos showed her looking chubby in Mexico. But in the months since those pictures surfaced in May, Kim has focused on shaping up. The *Keeping Up With The Kardashians* star has said that she never felt better. But Kardashian reportedly doesn't want to be the only parent looking and feeling her best when it comes to that highly anticipated third baby. Consequently, an insider quoted by the *Daily Mail* claimed that Kim is pushing Kanye to follow in her footsteps when it comes to shaping up.

The source claimed that the 36-year-old *Keeping Up With The Kardashians* star has ordered West to start a strict diet and fitness plan so that, like Kardashian, he can be "feeling his best" in time to greet their new child. The couple, who tied the knot in 2014, will reportedly welcome their third baby via surrogate in January.

Kim and Kanye are currently the proud parents of a daughter, 4-year-old North, and a son, 1-year-old Saint. Kardashian reportedly is concerned about the challenges that the couple will face as the parents of three. Kim is determined for both of them to be in "top form" to greet their new addition, said the insider.

"The source predicted that West will be flaunting "a six pack by Christmas." Although Kim reportedly does not want to put too much pressure on West, she does want her husband to be in peak condition "for the challenges of being a dad to three children."

Paleo Diet Replaces Fried Chicken & Macaroni With Cheese?

The publication reported that Kanye is fond of comfort food, listing macaroni with cheese and fried chicken as examples. West reportedly often orders take-out meals to be delivered to the studio when he is at work. West's reported focus on new music has made him less active, causing the alleged problems with weight gain. However, Kim's plan for Kanye to undergo an intense gym schedule and Paleo weight loss diet reportedly is designed to get him into shape.

As to why Kardashian wants West to opt for a Paleo diet rather than her own ketogenic weight loss plan, the *Daily Mail* reported that Kanye reportedly will be eating more carbohydrates than a ketogenic diet allows. The boost in carbohydrates is reportedly due to his new, "intense gym schedule."

Kim Kardashian Reportedly Feels "Better Than Ever" After 75-Pound Ketogenic Weight Loss Diet

The insider also revealed that Kardashian has been on a mission to slim down after seeing the bikini photos. Kim's ketogenic weight loss plan took off a total of 70 pounds initially, but Kardashian reportedly became motivated even more because of the bikini pictures.

In Touch magazine reported that Kim initially lost 70 pounds after the birth of her son Saint West. Kardashian then set a new goal of losing about five or more pounds to achieve what she called her ultimate goal weight of 115 pounds.

Since boosting her total weight loss to about 75 pounds, Kim has faced questions from some of her social media fans about whether she has gotten too thin. Kardashian has been sharing photos of her workouts in addition to talking about her ketogenic diet on social media.

As the *Inquisitor* reported, Kim has been credited with enhancing the popularity of the ketogenic weight loss plan. Kardashian has shared that she enjoys protein such as salmon, green vegetables such as spinach, and even high fat foods such as butter while banning sugar and starchy carbohydrates such as bread.

(Cont page 4)

(Editors note: Paleo Diet (Low Carb High Fat: LCHF) based on low carb intake, between 50-100 grams daily. Ketogenic diet aims for 20 grams or less of daily carb intake)



August 3, 2017 in New York City.

Halle Berry credits her ketogenic diet with keeping her fit.

The Monster's Ball star, 50, is known for her enviable physique and she explains not eating any sugars or carbohydrates - because she is diabetic - has helped her maintain her figure.

"The idea of it is you train your body to burn healthy fats and so I eat healthy fats all day long," she told U.S. talk show Live! with Kelly and Ryan of her low-carb, high-fat diet rules. "Avocado, oil, coconut oil, butter, but don't have sugar. So when your body gets trained to burn fats and you're constantly on fat-burning mode, that's the secret."

She also insisted love and happiness plays a part in leading a successful fit and healthy lifestyle. "It's all of that (too)," the mother-of-two smiled.

Health Disclaimer: *The information provided in this article should not be construed as personal medical advice or instruction. No action should be taken based solely on the contents of this article. Readers should consult appropriate health professionals on any matter relating to their health and well-being. The information and opinions provided here are believed to be accurate and sound, based on the best judgment available to the author, but readers who fail to consult appropriate health authorities assume the risk of any injuries. The Editor is not responsible for errors or omissions.*



"The Rapture"

The following is a life and death issue with two conflicting answers:



The tribulation years. The pre-tribbers will say, "OK, no problem, I'm gonna be raptured out here before all the trouble starts." The post-tribbers will say, "we have X amount of years left to prepare."

Now, here is the dilemma: **Both can't be right.** If there is a rapture *before* tribulation, fine, we'll all get raptured out of here together both the pre-tribbers and the post-tribbers. **But, what on earth will we do if the post-tribbers are right and we go through the Great Tribulation??**

We will all know for sure when we see the abomination spoken of by Daniel the prophet stand in the Holy place. **If we see it on our T.V. the post tribbers were right.**

Remembering the parable of the 10 Virgins (*5 were wise and prepared and 5 were foolish who did not prepare*), maybe a little personal research should be done rather than just taking for granted what we have been told all these years.

It is a known **fact**, and anyone can check this out for themselves, **there was no such thing heard of as a "secret rapture" before 1830** until a teenage Scottish girl, named Margaret McDonald, stood up one *Sunday* in the "Church of Scotland" and told of a dream she had claiming that the Lord would come back, not once but twice: first in secret before the tribulation starts to get all the believers; and then for a second time after tribulation.

This spread like a grass fire with the help of Edward Irving (Minister of the Church of Scotland until he was dismissed in 1832, only to form the Catholic Apostolic Church) and with the help of John Darby (a pioneer of the Plymouth Brethren). (Cont page 5)



(Rapture Cont.)

Today the pre-tribulation rapture it is accepted as the absolute undisputed truth in most, if not all, of the Christian Community, who most likely do not even know the truth about its origin. Again, check it out for yourself.

Why on earth would you or anyone else leave the answer to this life and death issue up to someone else's interpretation, what they think, or worse, to some European teenage girl's dream? (Besides, **the scriptures say** the dream must occur **twice** to be established of God. Gen. 41:32)

Is it better to believe what you are told that somebody heard that somebody else said, not bothering to check it out; or is it better to **search it out for ourselves** in the "Word of God" and then **believe what the "Word of God" says?**

Hosea 4:6 My people are destroyed for lack of knowlege....

31 DAYS TO BUILD A BETTER SPOUSE

- accessing the power of prayer
to build up your spouse -

Day 1: My Heart {Isaiah 64.8}
Day 2: Salvation {Romans 6.23}
Day 3: Strength {Philippians 4.13}
Day 4: Choices {1 Corinthians 10.31}
Day 5: Integrity {Proverbs 20.7}
Day 6: Relationships {Hebrews 10.24-25}
Day 7: Priorities {Matthew 22.37b}
Day 8: Attitude {Philippians 2.5-7}
Day 9: Emotions {2 Corinthians 10.5b}
Day 10: Spiritual Growth {Philippians 3.14}
Day 11: Mind {Romans 12.2}
Day 12: Work {Colossians 3.23}
Day 13: Obedience {James 1.22}
Day 14: Future {Proverbs 16.9}
Day 15: Self-Discipline {2 Timothy 1.7}
Day 16: Humility {1 Peter 5.5}
Day 17: Mission-mindedness {Psalm 96.3}
Day 18: Purity {1 Peter 1.14-16}
Day 19: Courage {Philippians 1.20}
Day 20: Joy {Habakkuk 3.18}
Day 21: Generosity {2 Corinthians 9.7}
Day 22: Love for God {Luke 10.27}
Day 23: Love for Others {Mark 12.31a}
Day 24: Respect {1 Timothy 3.2}
Day 25: Faithfulness {Proverbs 3.3}
Day 26: Mercy {Luke 6.36}
Day 27: Desire for the Word {Psalm 1.1-2}
Day 28: Security in Christ {Philippians 3.8-9}
Day 29: LIFE {Colossians 4.5}
Day 30: Peace {Philippians 4.6-7}
Day 31: Prayerfulness {Hebrews 4.16}

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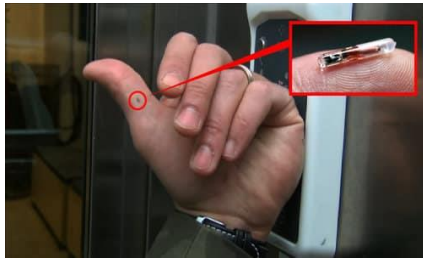
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Our Unique Generation – The Technologies Of The Book Of Revelation



Since Christ first promised His disciples He would return, Christians have wondered if their generation is the one that would witness the fulfillment of that promise.

And probably every generation since has thought itself to be the last generation, basing their belief on the perceived or actual declining moral standards of society in their day.

Yet for all the speculation and hearsay, only one generation can be the final generation, and all the evidence points to ours.

For centuries, Christians have used anecdotal evidence, such as "things have never been so bad" or "look at all the evil in the world," as a basis for believing their generation was the last generation of this age. Yet very few biblical signs of Christ's return, if any at all, were present for these generations.

Now, fast forward to the present day when almost every sign of Christ's return is present. Israel is once again a nation, poised to fulfill the final seven years of God's divine plan (Daniel 9:24). Travel and knowledge have dramatically increased (Daniel 12:4).

Russia, Iran, and a unique coalition of anti-Israeli nations are gathering in concert (Ezekiel 38-39) and many other end times prophecies (too numerous to list here) have been fulfilled or are in the process of being fulfilled in our time.

But one of the most recognizable signs that our generation is in the last days is that ours is the first generation with, or about to acquire, the technology necessary to fulfill many of the end times prophecies.

In fact, the Book of Revelation describes several key events which will transpire on earth during the tribulation period which require mankind to be in possession of advanced technology. Some of these technologies mankind has already acquired; others will be developed in the very near future.

Let's examine these technologies:

The Whole World Looks Upon Them

Revelation 11 describes one such technology, which will allow the whole world to look upon the bodies of God's two witnesses:

"When they complete their testimony, the beast that comes up out of the bottomless pit will declare war against them. He will conquer them and kill them. And their bodies will lie in the main street of Jerusalem, the city which is called 'Sodom' and 'Egypt,' the city where their Lord was crucified. And for three and a half days, all peoples, tribes, languages, and nations will come to

stare at their bodies. No one will be allowed to bury them. All the people who belong to this world will give presents to each other to celebrate the death of the two prophets who had tormented them." Revelation 11:7-10 (NLT)

The fact that all peoples, tribes, languages, and nations will stare at these bodies has been fertile ground for modern speculation, with many Christians believing that, for the first time in history, this prophecy can be fulfilled through satellite news coverage on CNN or MSNBC.

It's true that this is unprecedented in human history. Yet the ability to view any area of the planet via a cable news network feed does not, of its own merits, mean that this prophecy can presently be fulfilled.

The verse specifically says "all peoples, tribes, languages, and nations" will stare at their bodies, not "some of" the peoples, tribes, languages, and nations. In our day, the technology capable of bringing this event to fruition remains unavailable to much of the world's population.

However, in the very near future, the cost of this technology will significantly decrease in proportion to its power, providing much of the Third World with the media access it currently lacks.

As a result of a trend toward more powerful and cost-effective technologies, human progress will ultimately lead to the ubiquitous use of high-bandwidth video feeds on cell phones, PDAs, and other handheld devices most of us probably have yet to imagine.

Moreover, the exponential advance of technology will allow for the creation of virtual reality realms that will enable the end-user to "experience" live events in another location.

As a result, for the first time in history, it will be possible for the entire world to simultaneously view or "be present at" a particular geographical location, just as Revelation 11 predicts. This fact alone is strong evidence that our generation is the first generation ever with the capability to witness Christ's return.

No One Can Buy or Sell

In addition, the bible has long foretold of a time when a specific individual will institute a worldwide system controlling all of human commerce:

"He required everyone - great and small, rich and poor, slave and free - to be given a mark on the right hand or on the forehead. And no one could buy or sell anything without that mark, which was either the name of the beast or the number representing his name." Revelation 13:16-17 (NLT)

The "he" described in this passage is the Antichrist, who will have unprecedented control over all worldwide financial transactions. In fact, he will have so much power he will be able to determine on a case-by-case basis which individuals will be allowed to buy or sell anything.

Given that most of the world's currencies are fiat currencies (meaning value is completely derived from the public's willingness to accept the underlying value of the currency), such an environment of rampant counterfeiting would destroy the international monetary system unless drastic change is implemented.

The only method of currency verification a government could implement would have to involve direct tracking and oversight of all currency in the monetary system. (Cont page 7)

And under such a system, what would be the actual point of paper currency or metallic coins?

The Mark of the Beast

"He required everyone - great and small, rich and poor, slave and free - to be given a mark on the right hand or on the forehead. And no one could buy or sell anything without that mark, which was either the name of the beast or the number representing his name." Revelation 13:16-17 (NLT)

Verifying whether or not someone is authorized to buy or sell based on a mark has theoretically been possible throughout history. However, given the level of control described by the bible, enforcement of such a system (and the suppression of the inevitable black markets that will emerge) has been completely out of reach for previous generations.

Taking this passage in its full context, even today's world lacks the technology to completely enforce such a system of commerce. But the day is rapidly approaching when such a system will be within man's reach.

However, once a stand alone currency is taken out of the equation and financial transactions are moved completely into the electronic realm, it will no longer be possible to store, hide, or trade currency in secret. An electronic monetary system of this type would have been inconceivable to our forefathers. But our generation is completely emerged in its predecessor.

Technology to Conquer and Control the World

Just as the massive global destruction chronicled in the Book of Revelation remained beyond the comprehension of man until the development of the atomic bomb, the idea of one man becoming the undisputed leader of the world was beyond the realm of possibility for previous generations. Yet the bible clearly states that one man will temporarily rule the entire world:

"And he was given authority to rule over every tribe and people and language and nation." Revelation 13:7 (NLT)

This man is known as the Antichrist, and not one person will escape the reach of his rule.

Even now, the technology required to conquer and control the population of the world does not exist. Most people remain under the illusion that it does, but destroying one's enemies or conquering a territory is quite different from the process of administering that territory.

Here's a glimpse of what the world would look like under such a scenario:

Government surveillance will be "god-like" in its scope and capability - seeing everything, hearing everything, and knowing everything. Try to envision "nanodust" - particles the size of a single speck of dust complete with onboard cameras and listening devices.

This nanodust is as plentiful and difficult to remove as the natural dust people encounter every day. The construction of trillions of these sophisticated devices will be possible to achieve at negligible cost, thereby making them ubiquitous.

Outfitted with advanced artificial intelligence software, these devices sift through continuous video and audio feeds, searching for predetermined patterns which indicate potentially "aberrant" behavior as defined by the state.

Such a world isn't difficult to imagine. Similar pattern recognition technologies are already in widespread use. In the future, they will simply be extended to applications that encompass all human behavior on a global scale.

The aforementioned scenario isn't as futuristic as some believe. The technologies described will emerge suddenly with little time for the world to plan or adjust to their impact. Nevertheless, if current trends continue, they will come. This is just another reason why our generation is unique in its ability to fulfill the prophecies catalogued in the Book of Revelation.

Conclusion

No generation before ours could have realistically expected the fulfillment of the aforementioned end times prophecies. While the tribulation features supernatural acts by both God and Satan, our generation is the first generation capable of fulfilling the Book of Revelation's prophecies without a need for supernatural acts to accomplish the feats described therein.

This is one of the strongest arguments that ours in the last generation prior to the return of Jesus Christ. However, it's also one of the least accepted because it's difficult for people living in our times to recognize just how completely unique and unrecognizable our world is compared to that of previous generations.

But if a person takes the time to study and examine human history, it becomes clear as day that Christ is knocking on the door.

Would it have been realistic for the whole world to literally watch an event unfold prior to our generation? Of course not, yet it would seem like business as usual for our generation.

Would it have been realistic for a single individual to control world commerce prior to our generation? Of course not, yet our generation is the first to conduct the majority of its sales and purchasing transactions electronically. In this day and age, is it really difficult to believe a single government could control all financial transactions?

Would it have been realistic for a previous generation to create a giant worldwide database containing the financial history of every single individual on earth who accepted a mark? Of course not.

Such a system, without the aid of powerful computers and sophisticated software, would have been costly bureaucratic sea of inefficiency, incapable of monitoring financial transactions. Yet our generation is the first which can conceivably implement such a system.

Would it have been realistic for a previous generation to set up a truly global government, governing its citizens with ruthless efficiency and little threat of revolt? Of course not.

Not only has nationalism stood in the way, but the logistics of such an undertaking are well beyond the capabilities of human beings unaided by powerful technologies. Yet, in the very near future, not only will such an undertaking be possible, many will argue that it's absolutely necessary.

For our generation, the writing is on the wall. Jesus Christ is coming soon! The question every person should ask is whether His Coming will bring them indescribable joy or abject horror. The choice is ours to make.

View or listen to EBC worship services, download from our Media link!



The Kings Kids



#76

Jesus the Messiah

R	N	W	C	F	D	T	S	A	L	V	A	T	I	O	N
E	O	O	O	A	A	E	S	R	O	I	V	A	S	P	D
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C	P	R	I	N	C	E	R	E	D	A	E	L	E	N	R
D	E	S	S	E	L	B	D	K	H	O	A	C	E	J	N

HALLOWED
 HOLY
 JESUS
 KING (of Kings)
 LEADER
 LIBERATOR
 MASTER
 MESSIAH
 OMEGA
 (The) ONE
 PEACE
 PRINCE
 RABBI
 REDEEMER
 SACRED
 SALVATION
 SANCTIFIED
 SAVIOR
 (On His) SHOULDERS
 SINS (of the world)
 SON (of God)
 SPIRIT
 SUFFERED (for us)
 (The) WAY
 WONDERFUL
 (The) WORD

ALPHA
 BENEFACITOR
 BLESSED
 CHRIST
 COMPANION
 COUNCILOR

DELIVERER
 DIED (for us)
 DIVINE
 FATHER
 FRIEND
 GOD

MEDITATE ON THE
MESSAGE

*"So then faith cometh by hearing and
 hearing by the word of God" (Romans 10:17)*