

# Eastside Baptist Church

HAPPY MOTHER'S DAY!



## Eastside Messenger

*Equipping the Saints for Ministry by First Seeking the Kingdom of God*  
(Ephesians 4:12/Matthew 6:33)

Volume XII Issue V

**Every day is a priceless gift of God**

MAY 2017

### Mean Moms

*Someday when my children are old enough to understand the logic that motivates a parent, I will tell them, as my Mean Mom told me:*

*I loved you enough . . . to ask where you were going, with whom, and what time you would be home.*

*I loved you enough to be silent and let you discover that your new best friend was a creep.*

*I loved you enough to make you go pay for the bubble gum you had taken and tell the clerk, "I stole this yesterday and want to pay for it."*

*I loved you enough to stand over you for two hours while you cleaned your room, a job that should have taken 15 minutes.*

*I loved you enough to let you see anger, disappointment, and tears in my eyes. Children must learn that their parents aren't perfect.*

*I loved you enough to let you assume the responsibility for your actions even when the penalties were so harsh they almost broke my heart.*

*But most of all, I loved you enough to say NO when I knew you would hate me for it.*

*Those were the most difficult battles of all. I'm glad I won them, because in the end you won, too.*

*And someday when your children are old enough to understand the logic that motivates parents, you will tell them.*

*Was your Mom mean? I know mine was. We had the meanest mother in the whole world!*

*While other kids ate candy for breakfast, we had to have cereal, eggs, and toast.*

*When others had a Pepsi and a Twinkie for lunch, we had to eat sandwiches.*

*And you can guess our mother fixed us a dinner that was different from what other kids had, too.*

*Mother insisted on knowing where we were at all times. You'd think we were convicts in a prison.*

*She had to know who our friends were, and what we were doing with them.*

*She insisted that if we said we would be gone for an hour, we would be gone for an hour or less.*

*We were ashamed to admit it, but she had the nerve to break the Child Labor Laws by making us work.*

*We had to wash the dishes, make the beds, learn to cook, vacuum the floor, do laundry, empty the trash and all sorts of cruel jobs. I think she would lie awake at night thinking of more things for us to do.*

*She always insisted on us telling the truth, the whole truth, and nothing but the truth.*

*By the time we were teenagers, she could read our minds and had eyes in the back of her head. Then, life was really tough!*

*Mother wouldn't let our friends' just honk the horn when they drove up. They had to come up to the door so she could meet them. While everyone else could date when they were 12 or 13, we had to wait until we were 16.*

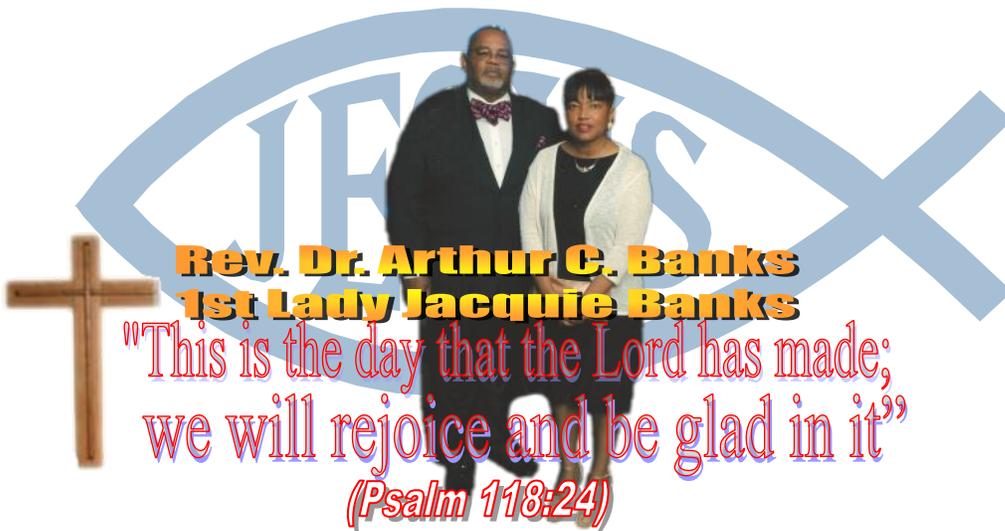
*Because of our mother we missed out on lots of things other kids experienced. None of us have ever been caught shoplifting, vandalizing other's property or ever arrested for any crime. It was all her fault.*

*Now that we have left home, we are all educated, honest adults. We are doing our best to be mean parents just like Mom was.*

*I think that is what's wrong with the world today. It just doesn't have enough mean moms!*







From the Editor  
*Eric Grimes*

This year marks **12 continuous years** of publication for the Messenger! If you would like to contribute information, pictures or articles, please submit them to: [erg58@aol.com](mailto:erg58@aol.com). The Media Ministry is going digital; you can now download Sunday services to your portable devices. See details below . . .

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*Church Motto:  
Where God is praised and Disciples Are Made*

**HE>i**

**MEDITATE ON THE MESSAGE**

*"So then faith cometh by hearing and hearing by the word of God"  
(Romans 10:17)*

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- **EBC MEDIA AVAILABLE FOR DOWN LOAD.**
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*Praise Him!*



# HEALTHY LIVING

Jehovah-Rophe  
"Jehovah heals"

"I WILL PRAISE THEE; FOR I AM FEARFULLY AND WONDERFULLY MADE: MARVELLOUS ARE THY WORKS; AND THAT MY SOUL KNOWETH RIGHT WELL." (Psalm 139:14)

## BIBLICAL NUTRITION GOD'S ORIGINAL DIET

"And God said, Behold, I have given you every herb (vegetable) bearing seed, which is upon the face of all the earth, and every tree, in the which is the fruit of a tree yielding seed; to you it shall be for meat (food)." (Genesis 1:29, KJV)

"Then God said, 'I give you every seed-bearing plant on the face of the whole earth and every tree that has fruit with seed in it. They will be yours for food.'" (Genesis 1:29, NIV)  
As we turn to the Bible, we see in Genesis chapters 1 and 2 that God created man, as well as all other forms of life-- both animal and vegetable.

Then he took his human creation and placed them in a garden called "Eden," and in Genesis 1:29 told man what he was to eat. It was clearly and exclusively RAW FRUITS AND VEGETABLES! No one has ever challenged me on the truth of this statement regarding God's original diet.

This diet was 100% RAW, and could not have included any cooked food or grains, as there was no means for harvesting grains or cooking. Something also important to note is that everything that was to comprise man's diet was to come from something that grew from seed, and contained the seed within it to reproduce itself. In other words, man ate the raw fruits or vegetables, then saved and planted the seed, which produced more fruits and vegetables along with the seed necessary to perpetuate each plant variety.

For the next almost 2,000 years man lived exclusively on this raw fruit and vegetable diet to an average age of 912 years, without a single recorded instance of sickness. Anyone who teaches that sickness entered the human race as a direct result of sin or the fall is teaching something that has absolutely no biblical basis or foundation.

### PRE-FLOOD TEACHINGS

Next we come to the flood as recorded in Genesis chapter 7. But before we get to the flood we learn some very interesting things in Genesis chapter 6. For instance, God was not very happy with his human creation. In fact, God was so unhappy with man that he said he was going to destroy him.

Why? Genesis 6:5-7 answers that question: "And God saw that the wickedness of man was great in the earth, and that every imagination of the thoughts of his heart was only evil continually. And it repented the Lord that he had made man on the earth, and it grieved him at his heart. And the Lord said, I will destroy man whom I have created from the face of the earth; both man, and beast, and creeping thing, and the fowls of the air; for it repenteth me that I have made them."

Dear reader, do you realize that if it had not been for Noah, "who found grace in the eyes of the Lord" (Genesis 6:8), God would have destroyed His creation right then and there! But because of Noah, God repented of what He was going to do, and rather chose to spare the human race by instructing Noah to build an ark into which Noah and all his family were to ride out the flood in safety.

God made another very interesting statement in Genesis 6:3: "And the Lord said, My spirit shall not always strive with man, for that he also is flesh: yet his days **shall be an hundred and twenty years.**" So in Genesis chapter 6, we learn that even though God said he was going to spare the human race, he also said that he was going to shorten the lifespan to 120 years.

Why? Genesis 6:3 immediately raise two questions in my mind. (1) Why was God going to shorten the lifespan of man? And (2) How was God going to accomplish the shortening of the lifespan of man, when man had been living to an average age of 912 years pre-flood on the raw fruit and vegetable diet? To answer these questions there is no clear Bible teaching, so the following is simply my attempt to find an answer.

### WHY SHORTEN MAN'S LIFESPAN?

When God created man, the Bible is very clear in stating that God provided man with **a physical body capable of living forever!** "And the Lord God said, Behold, the man is become as one of us, to know good and evil: and now, lest he put forth his hand, and take also of the tree of life, and eat, AND LIVE FOREVER:

Therefore the Lord God sent him forth from the garden of Eden, to till the ground from whence he was taken." (Genesis 3:22-23)

At the fall, when sin entered the human race in Genesis chapter 3, TWO deaths occurred as a result. The first death was spiritual, and immediately caused man to be separated from the relationship he had been experiencing with God prior to the fall.

(Jesus came thousands of years later to provide a way of restoring that broken relationship by shedding his precious blood and paying our sin debt on the cross. Today, he provides forgiveness and restored relationship with God to all who will believe and receive Jesus. See John 1:12 and John 3:16.)

The second death was physical. Not that Adam and Eve physically died right then and there, but rather, the dying process was initiated and their physical bodies started to break down. Genesis 5:5 tells us that Adam finally died at the age of 930, and the rest of the fifth chapter of Genesis is a genealogy of the ages of all the patriarchs from Adam to Noah (See the March 2002 Issue for more details).

This chapter shows us that the average age at death of these patriarchs, from Adam to Noah, was 912 years.

So based on what we have learned thus far in Genesis chapters 5 and 6, how do we answer the question of WHY God said he was going to shorten the lifespan of man?

The only thing that makes any sense to me is that, because man was living so long on this raw fruit and vegetable diet and getting into so much trouble, God said, "Though I won't destroy you, I will no longer let you live so long."

### HOW WOULD GOD SHORTEN MAN'S LIFESPAN?

Second question: If man was living to an average age of 912 years before the flood on this raw fruit and vegetable diet, HOW was God going to shorten man's lifespan to 120?

Interestingly, the very first words uttered by God to man after the flood was an announcement of **A DIET CHANGE** in Genesis 9:3: "Every moving thing that liveth shall be meat for you; even as the green herb have I given you all things."

In this verse, almost 2000 years after God created mankind and told them they were to eat exclusively raw fruits and vegetables, we learn that God now allowed animal flesh to enter the physical body of man for the very first time--a physical body God designed to be pure vegetarian! WHY?

Again, there is no clear answer in the Bible as to WHY God changed the diet that I can find. So again I must share my personal belief after searching for an answer to that question.

I PERSONALLY BELIEVE THAT GENESIS 9:3 IS THE FULFILLMENT OF GENESIS 6:3. In other words, God allowed the introduction of animal flesh as the means that he would use to accomplish this shortening of the lifespan of man.

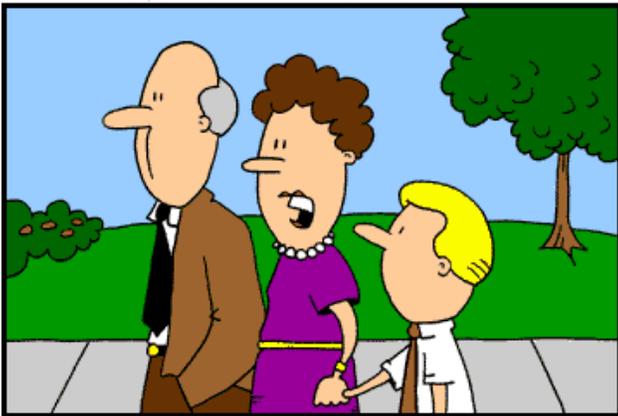
What basis do I have for what some might consider a ridiculous conclusion? Almost immediately after the introduction of animal flesh, sickness entered the human race and the life span of man started to drop dramatically.

In fact, the Bible clearly shows us that from the introduction of animal flesh into the diet following the flood, the lifespan of man drops from an average of 912 years pre-flood, on the raw fruit and vegetable diet, to 110 years in 10 generations on the animal based diet. "So Joseph died, being an hundred and ten years old. . . ." (Genesis 50:26)

Someone might say that this is cruel on God's part. But personally, I would certainly rather have 110 - 120 years experiencing physical life on God's beautiful earth than have had the human race totally wiped out and never had the opportunity to experience physical life, which obviously was God's intent if it had not been for Noah.

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05-07-1999

YOUR FATHER HAS AGREED TO STAY AWAKE IN CHURCH TODAY SINCE IT IS MOTHER'S DAY ... IT WOULD BE NICE IF YOU WOULD DO THE OPPOSITE FOR ONCE

**A mother's love  
Is always true  
It's all you need  
To get you through**

**A mother's love  
Can seem like hate  
She's only tough  
To keep you safe**

**A mother's love  
Is always there  
In simple ways  
She'll show she cares**

**A mother's love  
Can never compare  
With anyone else's  
Anywhere**

**A mother's love  
Is here to stay  
I love you, mom**

**Happy Mother's Day**



**The King**  
5

# What the Bible says about Mothers...

#24

Ruth

- Gen 3:20 Adam named his wife Eve, because she would become the **mother** of all the living.
- Exo 20:12 "Honor your father and your **mother**, so that you may live long in the land the LORD your God is giving you.
- Lev 19:3 "each of you must respect his **mother** and father, and you must observe my Sabbaths. I am the LORD your God.
- Deu 5:16 "Honor your father and your **mother**, as the LORD your God has commanded you, so that you may live long and that it may go well with you in the land the LORD your God is giving you.
- 2 Ki 4:30 but the child's **mother** said, "As surely as the LORD lives and as you live, I will not leave you." So he got up and followed her.
- Prov 10:1 The proverbs of Solomon: A wise son brings joy to his father, but a foolish son grief to his **mother**.
- Isa 66:13 As a **mother** comforts her child, so will I comfort you; and you will be comforted over Jerusalem."
- Ezek 16:44 "Everyone who quotes proverbs will quote this proverb about you: "Like **mother**, like daughter."
- Luke 1:43 But why am I so favored, that the **mother** of my Lord should come to me?
- Luke 2:51 Then he went down to Nazareth with them and was obedient to them. But his **mother** treasured all these things in her heart.
- John 19:26-27 When Jesus saw his **mother** there, and the disciple whom he loved standing nearby, he said to his **mother**, "Dear woman, here is your son," and to the disciple, "Here is your **mother**." From that time on, this disciple took her into his home.



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- (Offered her) FOOD
- FOREIGNER
- GATHERED
- HARVEST
- INHERIT
- KIND
- MAHLON (husband)
- MARKET
- MARRIED (Boaz)
- MOABITNESS
- NAOMI
- OBED (son)
- PROPERTY
- PURCHASED (land)
- REAPERS
- RUTH
- SANDAL
- SELLING (land)
- SHAWL
- SOLD
- THRESHING
- TRAVELED (together)
- (Offered her) WATER
- WHEAT
- WORKERS
- YIELD

(Naomi was) ALONE

BUSHEL

ANCESTOR (of David)

BUYING (land)

BARLEY

CRIED

BEFRIENDED

CROPS

BETHLEHEM

DAUGHTER (in-law)

BOAZ

DROPPED (grains)

# PRAYER PAIR

Luke 18:9-14

**The Challenge**

A pair of Jews gives us two examples of prayer. One prayer pleases God and one prayer doesn't. Solve the code to discover their prayers.



A=1	B=2	C=3
D=4	E=5	F=6
G=7	H=8	I=9
J=10	K=11	L=12
M=13	N=14	O=15
P=16	Q=17	R=18
S=19	T=20	U=21
V=22	W=23	
X=24	Y=25	Z=26

First Man's Prayer:  
GOD, THANK YOU THAT I AM BETTER  
THAN OTHERS.

Second Man's Prayer:  
GOD, HAVE MERCY ON ME. I AM  
A SINNER.

**The Super Challenge**

Unscramble the letters in the pots to make words. Then arrange the words to make a sentence about prayer.

Learn to pray from Jesus' example.

- M**ark's mom Acts 12:12
- O**bed's mom Ruth 4:13-21
- T**imothy's mom II Tim 1:5
- H**annah's son 1Sam 1:20
- E**ve's grandson Gen 5:6
- R**ahab's son Matt 1:5
- S**olomon's mom II Sam 12:24



SOME BRIGHT MORNING WHEN THIS LIFE IS OVER, I'LL ... WALK AWAY ...

# AFTER EDEN

by Dan Lietha



Romans 5:12

The heart (of man) is deceitful above all things, and desperately wicked: who can know it? Jeremiah 17:9

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